



Future of Football LTD

Sun Protection Policy

Future of Football LTD have a responsibility to ensure that players under their care are protected from overexposure to UV rays from the sun, and the National Institute for Health and Clinical Excellence (NICE) guidelines for skin cancer prevention (2011) recommend that schools and clubs "develop, implement and monitor a specially tailored policy to ensure people are protected as much as possible". This policy will be reviewed bi-annually by Future of Football LTD, we want children and staff to enjoy the sun safely. We aim to work with staff, player and parents to achieve this through:

EDUCATION

We will talk about how to be safe in the sun before any sessions take place on the trip.

Parents and guardians will be sent an email explaining what Future of Football is doing about sun protection and their responsibilities during sessions, camps and residential trips.

PROTECTION

On sunny days staff will remind children they need to seek shade during breaks, downtime and lunchtime

Children must have a named, peaked hat that is kept with them on sunny days

Staff and parents are encouraged to act as good role models by practicing sun safety.

Parents are to ensure their child has applied sunscreen (SPF 25+) before coming to any sessions or camps.

Parents are to ensure that their child is able to apply his/her own sun screen to all exposed areas.

Parents are to provide their child with a sunscreen product (SPF 25+) for use in on FOF trips.

This must be clearly marked with the child's name.

In hot, sunny weather, children on camps and FOF trips will be expected to re-apply their own sunscreen at lunchtime, unless FOF has been informed in writing by their parent that they are unable to do this and they will need an FOF staff member to do so. Younger children may need help with the application of sunscreen; this would only be applied to exposed areas of the child. The school will keep a limited stock of sunscreen (SPF25+) available for use if a child has forgotten to bring their own sunscreen.

HYDRATION

Players must bring their own named water bottle to all sessions, camps and trips

Players will be encouraged to drink plenty of water.

STONAR 2022

All FOF residential trips will require pupils to bring a cap and sunscreen clearly labelled with the child's name. Sunscreen use will be encouraged on school trips and staff organising and escorting the trip will be provided with extra sunscreen (SPF 50+) in case children forget their own. On sunny days, staff on residential trips will remind all pupils of the need to apply sunscreen each morning.

Please note that it is not expected that staff will apply sunscreen to children.

Staff will encourage and supervise children to apply sunscreen themselves.